Over the last few months I’ve received some emails and comments asking if I would do a detailed video (at the end of this post) of my bug out bag supplies. Because I am in the process of changing out my smaller Maxpedition gear slinger to the larger Yukon Outfitters Alpha pack, I decided to go ahead and give everyone a sneak peak inside.

I have tried to categorize these items in a way that keeps them more organized. For example, Paracord could fall into a few different categories, but I only added it to my “shelter” bug out bag supplies.

This is not a “best bug out bag supplies” or “must have bug out bag supplies list” This is just a list to help everyone get some ideas about what they might want to add to their bug out bag.

My Bug Out bag have evolved over time, and continues to evolve. This list is what I have right now, but might (and probably will) change over time. As I continue to test this Yukon Outfitters bag over the next year or so I will continue to update this post, or write separate reviews.

**Total Cost of This Bug Out Bag**
The total cost of this bug out bag and supplies was around $800. This might seem like a lot, but keep in mind, my bug out bag has been put together over a few years. Over time everything starts to add up, and come together.

I will also list the individual prices for these item, and I will link to as many of these bug out bag supplies as I can. If you have any questions about these bug out bag supplies you can leave a comment below.

Some of these prices are the estimated price of what’s in my bug out bag, not the total price for each item. For example, I purchased a complete mess kit, but I’m only using 1 pan and the spork.

The Yukon Outfitters Alpha Bug Out Bag Kit is available on Woot.com periodically for around $100 - $150. Because it is so popular, it is sold out quite a bit, you just need to on the lookout for when it becomes available.

**Included in Bag…**

- “Rainfly” Lightweight Tarp
- LED Flashlight
- Folding Knife
- 100ft 550 Paracord
- Medical/Misc. Supplies Kit
- Hydration Bladder
  - (Also comes with a hammock that I am not putting in the bag)

**Water**

* Sawyer Mini Water Filter ($20)  

* 2Ltr Platypus water bladder ($10)
Hydration Bladder Included with Bag

**Berkey Sport Water Bottle** ($16)

**Tac-Bar Water Purification Tabs** ($5) (Included in Kit)

**Food**

2 Tac-Bar Rations ($15) *(Complete kit is $69)*

**Stolevar Mess Kit** (Only 1 Pan from kit and Spork) ($5)

Multi Vitamins

Instant Coffee

**Fire**

**Credit Card Size Fresnel Lens** ($2)

Altoids Tin for Char Cloth ($1)

**Tac-Bar Survival Tin** ($5) (Included in Kit)

**Magnesium Bar Fire Starter** ($6)

**Ferro Rod** (2) ($6)

**UCO Storm Proof Matches** ($7)

2 Bic Lighters ($2)

**Paracord Survival Bracelet (with Striker)** ($10)
Communications
Beofeng UV-5R Ham Radio (With Battery Pack) ($30)
Horizon Tec NOAA Radio/Charger ($36)
UZI Tactical Pen ($20)
Waterproof Notebook ($6)

Power
XTar VC4 Battery Charger ($25)
Bell Howell flashlight ($20)
Assorted Batteries ($15)
Goal Zero Nomad/Switch 8 Solar Charger ($50)

Shelter
50ft Titan Survivorcord ($10)
100ft 550 Paracord (included with bag)
Rothco Rain Poncho ($14)
Mechanix M-Pact Gloves ($30)
Survival Bandana ($10)
Regular Bandana ($5)
CAPSS Perimeter Camp Alarm ($30)

RZ Mask with Filters ($30)

“Rain fly” Tarp (included with bag)

Wool Socks & Boxers ($5)

Solar Blanket (included with bag)

**Medical**

Bug Out Bag First Aid Kit ($34)

Yukon Outfitters Med Kit (included with bag)

Moleskin ($4)

Kerlix Gauze & Regular Gauze Rolls ($8)

Chap Stick ($2)

TK4 Tourniquet ($4)

Wet Ones (Antibacterial Wet Wipes) ($1)

**Navigation**

Suunto Baseplates Compass ($40)

Misc. Maps of Area (In water proof bag) ($5)

**Other Tools**
Rat 5 Fixed Blade Knife ($75)

Yukon Outfitters folding Knife (included with bag)

Gerber Multi Tool ($26)

Sharpening Stone ($10)

2 High Strength Carabiners ($20)

3 Regular Carabiners ($5)

**Misc. Items…**

Credit Card Knife ($1)

Rubber bands

Safety Pins

Super Glue ($4)

Contractors Yard Bag ($1)